

APL Australian Mens Records (Tested)
RAW DEADLIFT ONLY COMPETITION



OPEN						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	145.0					
56 kg	152.5					
60 kg	162.5					
67.5 kg	180.0					
75 kg	195.0					
82.5 kg	232.5	Peter McGrath	10-Nov-18	210.0	Not Set	
90 kg	217.5					
100 kg	260.0	Peter Warman	04-Aug-18	230.0	Not Set	
110 kg	235.0					
125 kg	237.5					
140 kg	245.0					
140+ kg	252.5					
J1 JUNIOR 15-19						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	125.0					
56 kg	132.5					
60 kg	140.0					
67.5 kg	155.0					
75 kg	167.5					
82.5 kg	180.0					
90 kg	187.5					
100 kg	197.5					
110 kg	202.5					
125 kg	205.0					
140 kg	210.0					
140+ kg	217.5					
J2 JUNIOR 20-23						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	135.0					
56 kg	145.0					
60 kg	152.5					
67.5 kg	170.0					
75 kg	182.5					
82.5 kg	197.5					
90 kg	205.0					
100 kg	217.5					
110 kg	220.0					
125 kg	225.0					
140 kg	230.0					
140+ kg	237.5					
M1 40-44						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	142.5					
56 kg	150.0					
60 kg	160.0					
67.5 kg	177.5					
75 kg	192.5					
82.5 kg	205.0					
90 kg	215.0					
100 kg	227.5					
110 kg	230.0					
125 kg	235.0					
140 kg	237.5					
140+ kg	242.5					

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M2 45-49						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	132.5					
56 kg	140.0					
60 kg	150.0					
67.5 kg	167.5					
75 kg	180.0					
82.5 kg	192.5					
90 kg	200.0					
100 kg	212.5					
110 kg	217.5					
125 kg	220.0					
140 kg	220.0					
140+ kg	225.0					
M3 50-54						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	122.5					
56 kg	132.5					
60 kg	140.0					
67.5 kg	155.0					
75 kg	167.5					
82.5 kg	180.0					
90 kg	185.0					
100 kg	197.5					
110 kg	202.5					
125 kg	207.5					
140 kg	207.5					
140+ kg	210.0					
M4 55-59						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	110.0					
56 kg	120.0					
60 kg	125.0					
67.5 kg	137.5					
75 kg	147.5					
82.5 kg	232.5	Peter McGrath	10-Nov-18	160.0	Not Set	
90 kg	165.0					
100 kg	175.0					
110 kg	180.0					
125 kg	182.5					
140 kg	182.5					
140+ kg	187.5					
M5 60-64						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	97.5					
56 kg	102.5					
60 kg	110.0					
67.5 kg	122.5					
75 kg	130.0					
82.5 kg	140.0					
90 kg	145.0					
100 kg	155.0					
110 kg	157.5					
125 kg	160.0					
140 kg	160.0					
140+ kg	165.0					

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M6 65-69						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	90.0					
56 kg	95.0					
60 kg	100.0					
67.5 kg	112.5					
75 kg	122.5					
82.5 kg	152.5	Peter Church	27-Apr-19	130.0	Not Set	
90 kg	137.5					
100 kg	145.0					
110 kg	147.5					
125 kg	147.5					
140 kg	150.0					
140+ kg	152.5					
M7 70-74						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	82.5					
56 kg	90.0					
60 kg	95.0					
67.5 kg	105.0					
75 kg	112.5					
82.5 kg	120.0					
90 kg	125.0					
100 kg	132.5					
110 kg	137.5					
125 kg	137.5					
140 kg	140.0					
140+ kg	142.5					
M8 75-79						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	72.5					
56 kg	77.5					
60 kg	82.5					
67.5 kg	92.5					
75 kg	100.0					
82.5 kg	107.5					
90 kg	112.5					
100 kg	117.5					
110 kg	120.0					
125 kg	122.5					
140 kg	122.5					
140+ kg	127.5					
M9 80+						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	65.0					
56 kg	70.0					
60 kg	72.5					
67.5 kg	80.0					
75 kg	87.5					
82.5 kg	95.0					
90 kg	97.5					
100 kg	102.5					
110 kg	105.0					
125 kg	107.5					
140 kg	107.5					
140+ kg	110.0					