

**APL Australian Mens National Records
MULTI PLY DEADLIFT ONLY COMPETITION
(Untested)**



OPEN						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	160.0					
56 kg	172.5					
60 kg	187.5					
67.5 kg	205.0					
75 kg	220.0					
82.5kg	230.0					
90 kg	237.5					
100 kg	245.0					
110 kg	252.5					
125 kg	255.0					
140 kg	300.0	Daniel Rudolph	28-Apr-19	267.5	Not Set	
140+ kg	272.5					
JUNIOR 15-19						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	137.5					
56 kg	150.0					
60 kg	160.0					
67.5 kg	175.0					
75 kg	190.0					
82.5kg	197.5					
90 kg	205.0					
100 kg	210.0					
110 kg	217.5					
125 kg	220.0					
140 kg	230.0					
140+ kg	235.0					
JUNIOR 20-23						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	150.0					
56 kg	162.5					
60 kg	175.0					
67.5 kg	192.5					
75 kg	207.5					
82.5kg	215.0					
90 kg	222.5					
100 kg	230.0					
110 kg	237.5					
125 kg	240.0					
140 kg	250.0					
140+ kg	255.0					

APL Australian Mens National Records
MULTI PLY DEADLIFT ONLY COMPETITION
(Untested)



40-44						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	160.0					
56 kg	170.0					
60 kg	182.5					
67.5 kg	200.0					
75 kg	215.0					
82.5kg	225.0					
90 kg	232.5					
100 kg	240.0					
110 kg	247.5					
125 kg	250.0					
140 kg	257.5					
140+ kg	260.0					
45-49						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	147.5					
56 kg	160.0					
60 kg	170.0					
67.5 kg	187.5					
75 kg	202.5					
82.5kg	210.0					
90 kg	217.5					
100 kg	225.0					
110 kg	232.5					
125 kg	235.0					
140 kg	240.0					
140+ kg	242.5					
50-54						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	137.5					
56 kg	147.5					
60 kg	160.0					
67.5 kg	175.0					
75 kg	187.5					
82.5kg	195.0					
90 kg	202.5					
100 kg	210.0					
110 kg	215.0					
125 kg	220.0					
140 kg	225.0					
140+ kg	227.5					
55-59						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	122.5					
56 kg	135.0					
60 kg	145.0					
67.5 kg	155.0					
75 kg	167.5					
82.5kg	175.0					
90 kg	180.0					
100 kg	185.0					
110 kg	192.5					
125 kg	195.0					
140 kg	200.0					
140+ kg	202.5					

APL Australian Mens National Records
MULTI PLY DEADLIFT ONLY COMPETITION
(Untested)



60-64						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	107.5					
56 kg	117.5					
60 kg	125.0					
67.5 kg	137.5					
75 kg	147.5					
82.5kg	152.5					
90 kg	160.0					
100 kg	162.5					
110 kg	167.5					
125 kg	170.0					
140 kg	175.0					
140+ kg	177.5					
65-69						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	100.0					
56 kg	107.5					
60 kg	115.0					
67.5 kg	127.5					
75 kg	137.5					
82.5kg	142.5					
90 kg	150.0					
100 kg	152.5					
110 kg	157.5					
125 kg	160.0					
140 kg	162.5					
140+ kg	165.0					
70-74						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	92.5					
56 kg	100.0					
60 kg	107.5					
67.5 kg	117.5					
75 kg	127.5					
82.5kg	132.5					
90 kg	137.5					
100 kg	137.5					
110 kg	147.5					
125 kg	147.5					
140 kg	152.5					
140+ kg	155.0					
75-79						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	82.5					
56 kg	90.0					
60 kg	95.0					
67.5 kg	105.0					
75 kg	112.5					
82.5kg	117.5					
90 kg	122.5					
100 kg	125.0					
110 kg	130.0					
125 kg	132.5					
140 kg	135.0					
140+ kg	135.0					

**APL Australian Mens National Records
MULTI PLY DEADLIFT ONLY COMPETITION
(Untested)**



80+						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	72.5					
56 kg	77.5					
60 kg	82.5					
67.5 kg	92.5					
75 kg	97.5					
82.5kg	102.5					
90 kg	107.5					
100 kg	110.0					
110 kg	112.5					
125 kg	115.0					
140 kg	117.5					
140+ kg	117.5					