

APL Australian Records (Untested)  
 CLASSIC RAW 3-LIFT COMPETITION  
 - JUNIOR MEN -



JUNIOR 15-19							
Current Record				Former Record			
BWT	Lift	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	Squat	115.0					
	Bench	77.5					
	Deadlift	125.0					
	Total	315.0					
56 kg	Squat	125.0					
	Bench	82.5					
	Deadlift	132.5					
	Total	340.0					
60 kg	Squat	135.0					
	Bench	90.0					
	Deadlift	140.0					
	Total	367.5					
67.5 kg	Squat	155.0					
	Bench	100.0					
	Deadlift	155.0					
	Total	412.5					
75 kg	Squat	172.5					
	Bench	110.0					
	Deadlift	167.5					
	Total	450.0					
82.5 kg	Squat	200.0	Matthew Rodwell	04-Aug-18	185.0	Not Set	
	Bench	162.5	Matthew Rodwell	04-Aug-18	117.5	Not Set	
	Deadlift	265.0	Matthew Rodwell	04-Aug-18	180.0	Not Set	
	Total	627.5	Matthew Rodwell	04-Aug-18	482.5	Not Set	
90 kg	Squat	240.0	Jesse Peak	08-May-16	197.5	Not Set	
	Bench	137.5	Jesse Peak	08-May-16	125.0	Not Set	
	Deadlift	240.0	Jesse Peak	08-May-16	187.5	Not Set	
	Total	617.5	Jesse Peak	08-May-16	507.5	Not Set	
100 kg	Squat	210.0	Jack Lehfeltdt	01-Sep-15	207.5	Not Set	
	Bench	132.5					
	Deadlift	250.0	Jack Lehfeltdt	01-Sep-15	197.5	Not Set	
	Total	290.0	Jack Lehfeltdt	01-Sep-15	537.5	Not Set	
110 kg	Squat	217.5					
	Bench	137.5					
	Deadlift	202.5					
	Total	555.0					
125 kg	Squat	227.5					
	Bench	140.0					
	Deadlift	205.0					
	Total	572.5					
140 kg	Squat	240.0					
	Bench	147.5					
	Deadlift	210.0					
	Total	597.5					
140+ kg	Squat	247.5					
	Bench	150.0					
	Deadlift	217.5					
	Total	615.0					

APL Australian Records (Untested)  
 CLASSIC RAW 3-LIFT COMPETITION  
 - JUNIOR MEN -



JUNIOR 20-23							
Current Record				Former Record			
BWT	Lift	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	Squat	125.0					
	Bench	85.0					
	Deadlift	135.0					
	Total	345.0					
56 kg	Squat	137.5					
	Bench	92.5					
	Deadlift	145.0					
	Total	372.5					
60 kg	Squat	150.0					
	Bench	97.5					
	Deadlift	152.5					
	Total	400.0					
67.5 kg	Squat	170.0					
	Bench	110.0					
	Deadlift	170.0					
	Total	450.0					
75 kg	Squat	187.5					
	Bench	120.0					
	Deadlift	195.0	Kobe Lyne	09-Jun-19	182.5	Not Set	
	Total	490.0					
82.5 kg	Squat	220.0	Matthew Rodwell	10-Nov-18	202.5	Not Set	
	Bench	152.5	Matthew Rodwell	10-Nov-18	130.0	Not Set	
	Deadlift	252.5	Matthew Rodwell	10-Nov-18	197.5	Not Set	
	Total	617.5	Matthew Rodwell	10-Nov-18	527.5	Not Set	
90 kg	Squat	250.0	Matthew Rodwell	27-Apr-19	215.0	Not Set	
	Bench	160.0	Matthew Rodwell	27-Apr-19	137.5	Not Set	
	Deadlift	262.5	Matthew Rodwell	27-Apr-19	205.0	Not Set	
	Total	672.5	Matthew Rodwell	27-Apr-19	555.0	Not Set	
100 kg	Squat	245.0	Harry Clancy	27-Apr-19	230.0	Harry Clancy	04-Aug-18
	Bench	152.5	Harry Clancy	27-Apr-19	145.0	Not Set	
	Deadlift	265.0	Harry Clancy	27-Apr-19	240.5	Harry Clancy	10-Nov-18
	Total	662.5	Harry Clancy	27-Apr-19	612.5	Harry Clancy	04-Aug-18
110 kg	Squat	237.5					
	Bench	157.5	Ben Jaeschke	13-Jun-15	150.0	Not Set	
	Deadlift	240.0	Ben Jaeschke	13-Jun-15	220.0	Not Set	
	Total	632.5	Ben Jaeschke	13-Jun-15	607.5	Not Set	
125 kg	Squat	247.5					
	Bench	152.5					
	Deadlift	225.0					
	Total	625.0					
140 kg	Squat	262.5					
	Bench	160.0					
	Deadlift	230.0					
	Total	652.5					
140+ kg	Squat	270.0					
	Bench	165.0					
	Deadlift	237.5					
	Total	672.5					