

APL Australian Mens Records (Untested)
RAW BENCH PRESS



OPEN						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	90.0					
56 kg	97.5					
60 kg	105.0					
67.5 kg	135.0	Thomas Birmingham	01-Sep-15	117.5	Not Set	
75 kg	150.0	Michael Watt	13-Jun-15	127.5	Not Set	
82.5 kg	160.0	Ashley Goulevitch	24-Feb-18	137.5	Not Set	
90 kg	145.0					
100 kg	190.0	Peter Weatherall	Feb-19	152.5	Not Set	
110 kg	217.5	Dale Shepherd	28-Apr-18	177.5	Peter Weatherall	7-May-16
125 kg	162.5					
140 kg	170.0					
140+ kg	275.0	Shane Attah-Singh	01-Sep-15	175.0	Not Set	
J1 JUNIOR 15-19						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	77.5					
56 kg	82.5					
60 kg	90.0					
67.5 kg	100.0					
75 kg	110.0					
82.5 kg	117.5					
90 kg	125.0					
100 kg	132.5					
110 kg	137.5					
125 kg	140.0					
140 kg	147.5					
140+ kg	150.0					
J2 JUNIOR 20-23						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	85.0					
56 kg	92.5					
60 kg	97.5					
67.5 kg	110.0					
75 kg	120.0					
82.5 kg	130.0					
90 kg	140.0	Ben Toft	13-Jun-15	137.5	Not Set	
100 kg	145.0					
110 kg	150.0					
125 kg	152.5					
140 kg	220.0	Reace Desland	03-May-15	160.0	Not Set	
140+ kg	165.0					
M1 40-44						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	87.5					
56 kg	95.0					
60 kg	102.5					
67.5 kg	115.0					
75 kg	125.0					
82.5 kg	135.0					
90 kg	142.5					
100 kg	150.0					
110 kg	182.5	Geordie Shields	28-Apr-18	155.0	Not Set	
125 kg	160.0					
140 kg	165.0					
140+ kg	167.5					

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M2 45-49						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	82.5					
56 kg	90.0					
60 kg	95.0					
67.5 kg	107.5					
75 kg	117.5					
82.5 kg	127.5					
90 kg	175.0	Chris Andrews	05-Dec-15	132.5	Not Set	
100 kg	190.0	Peter Weatherall	23-Feb-19	140.0	Not Set	
110 kg	217.5	Dale Shepherd	28-Apr-18	180.0	Peter Weatherall	6-Apr-18
125 kg	150.0					
140 kg	152.5					
140+ kg	157.5					
M3 50-54						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	77.5					
56 kg	82.5					
60 kg	90.0					
67.5 kg	90.0	Kevin Rogers	5-Sep-15			
75 kg	110.0					
82.5 kg	117.5					
90 kg	150.0	Troy Nelson	05-Sep-15	125.0	Not Set	
100 kg	140.0	Herb Turvey	09-May-15	132.5	Not Set	
110 kg	170.0	Chris Blair	28-Apr-18	135.0	Not Set	
125 kg	190.0	Gavin Spooner	28-Apr-18	142.5	Not Set	
140 kg	145.0					
140+ kg	145.0					
M4 55-59						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	67.5					
56 kg	75.0					
60 kg	80.0					
67.5 kg	90.0					
75 kg	97.5					
82.5 kg	105.0					
90 kg	145.0	Troy Nelson	05-Dec-15	110.0	Not Set	
100 kg	117.5					
110 kg	120.0					
125 kg	125.0					
140 kg	127.5					
140+ kg	130.0					
M5 60-64						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	60.0					
56 kg	65.0					
60 kg	70.0					
67.5 kg	80.0					
75 kg	85.0					
82.5 kg	92.5					
90 kg	100.0	Ian Wilson	13-Jun-15	97.5	Not Set	
100 kg	102.5					
110 kg	105.0					
125 kg	110.0					
140 kg	112.5					
140+ kg	115.0					

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M6 65-69						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	55.0					
56 kg	60.0					
60 kg	65.0					
67.5 kg	72.5					
75 kg	80.0					
82.5 kg	85.0					
90 kg	92.5					
100 kg	95.0					
110 kg	100.0					
125 kg	102.5					
140 kg	105.0					
140+ kg	107.5					

M7 70-74						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	52.5					
56 kg	57.5					
60 kg	60.0					
67.5 kg	67.5					
75 kg	75.0					
82.5 kg	80.0					
90 kg	85.0					
100 kg	117.5	Wulff Breitsameter	09-May-15	90.0	Not Set	
110 kg	92.5					
125 kg	95.0					
140 kg	97.5					
140+ kg	100.0					

M8 75-79						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	45.0					
56 kg	50.0					
60 kg	52.5					
67.5 kg	60.0					
75 kg	65.0					
82.5 kg	70.0					
90 kg	75.0					
100 kg	80.0					
110 kg	82.5					
125 kg	85.0					
140 kg	85.0					
140+ kg	87.5					

M9 80+						
Current Record				Former Record		
BWT	WT Lifted (kgs)	Athlete	Date	WT Lifted (kgs)	Athlete	Date
52 kg	40.0					
56 kg	45.0					
60 kg	47.5					
67.5 kg	52.5					
75 kg	57.5					
82.5 kg	62.5					
90 kg	65.0					
100 kg	70.0					
110 kg	72.5					
125 kg	72.5					
140 kg	75.0					
140+ kg	77.5					